

## CHERI BRYANT HAMILTON, DISTRICT 5 COUNCILWOMAN



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### Who Will be District 5's "Louisville's Top Neighbor?" The Center for Neighborhoods Seeking Nominations from District 5

The Center for Neighborhoods is excited to invite District 5 to participate in the 2nd round of nominations for "Louisville's Next Top Neighbor" (LNTN). LNTN is a inspiring mural, public art project promoting neighborhood leaders who exemplify the "21st Century Neighbor" from all 26 districts. **Nominations accepted now through March 13, 2012.**

Help us recognize a constituent of District 5 who is asking "What's next?" and improving the quality of life and the environment within their community.

#### Nomination Criteria for LNTN:

1. A good steward of their neighborhood and the community who strives to protect and preserve the environment thereby improving the likes of others.
2. A neighborhood leader who understand the important role of the local community in a global world
3. A neighborhood leader who demonstrates their passion for improving their neighborhood by addressing environmental concerns in order to improve the quality of life within their community.
4. A neighborhood leader who empowers neighbors by being an inspiration for proactive change and asks "What's Next Louisville?"
5. A neighborhood leader who is engaged with the community to strengthen the neighborhood identity.
6. A neighborhood leader who celebrates and embraces diversity of culture, thought, and ability by promoting understanding and cooperation metro-wide.

A nomination form can be found on [Center for Neighborhoods website](#). Feel free to distribute to any of our District 5 neighborhood groups, associations, etc. that you feel may have deserving candidates. **Completed nominations must be returned to the District 5 office.**

#### **Selection Process:**

All nominations will be reviewed by a selection committee who will determine the LNTN for District 5. Questions? Contact Kate Sowada, the LNTN project Coordinator at (502) 589-0343 [kates@centerforneighborhoods.org](mailto:kates@centerforneighborhoods.org).



### AKA Host Read-In at Local YMCA

Eta Omega Chapter of Alpha Kappa Alpha Sorority, Inc. will hold its 19th Annual African American Celebrity Read-in at the Chestnut Street YMCA, 950 West Chestnut, at Noon on Monday, February 6.

Favorite books are read and discussed by invited Celebrity readers and members of Eta Omega Chapter with students from local schools, a youth program and day care center. For more information, Please **Contact** Frances Cotton Alpha Kappa Alpha Sorority, Inc Eta Omega Chapter [fsandifer@yahoo.com](mailto:fsandifer@yahoo.com) or 718-8284. Chairman: Anita Donaldson [mchoice2@aol.com](mailto:mchoice2@aol.com)

## CHERI BRYANT HAMILTON, DISTRICT 5 COUNCILWOMAN

### District 5 Community Forum Report

Councilwoman Cheri Bryant Hamilton held the District 5's first Community Forum of the year Tuesday, January 31<sup>st</sup> at 6:30pm. This was an excellent meeting that served to inform the public of progress, projects, and proposed changes happening throughout District 5. Major Kristofeck and Major Wardrip spoke briefly about safety, crime, community training and building good police public relations. Debra McGill spoke about felons reentry into the community and programs available through RING. Theresa Zawacki, the new food Czar, discussed the 150k grant Louisville recently received for creating healthy lifestyles and combating obesity. Valerie Magnuson of Louisville Grows encouraged residents to get a plot in The People's Garden at the former Shawnee Tree Nursery.

Jim Mims shared about vacant properties, vacant land, and how the city is having a serious conversation to transform the abandoned and blighted housing into active living spaces for families to thrive in West End Neighborhoods. MSD took drainage complaints. Michael Gardner, New Directions, announced rehabilitation funds for Portland residents under the NRSA funding. Updates on the West Market Corridor implementation and Shawnee Neighborhood Plan were discussed.

Network Center for Community Change, Public Works, Economic Development, Solid Waste Management, Codes and Enforcement, and other neighborhood associations and departments were on hand to answer questions and share information on how the neighborhood is progressively growing.

We continuously look to the public to get involved in transforming District 5. We meet every month and ask that you join us every third Monday at the Yearlings Club, the District 5 Neighborhood Advisory Committee comes together to discuss neighborhood development and resident concerns. For more information or concerns about the District 5 Community Forum, contact our office at 574-1105. **Dr. LaQuandra Nesbitt will be our guest speak February 20th!**

### Northwestern Parkway Livability Plan Come Take A Neighborhood Walk

For those who were able to participate, thank you for your comments and your presence at our meeting on Monday, January 30<sup>th</sup>. One of the results to come out of the meeting was that some of you asked to **walk together along Northwestern Parkway and look at the street changes recommended in the second half of the plan.** I will be available to meet at **31<sup>st</sup> and Northwestern Parkway at the entrance to Portland Wharf Park at 8 am on Monday, February 6.** We will walk or drive as far as people would like. If you are interested in **joining me, please let me know in advance either via email or by phone at 797-6708.** For more **Information, or a copy of the Draft Plan for Northwestern Parkway, contact [Carolyn.cromer@louisvilleky.gov](mailto:Carolyn.cromer@louisvilleky.gov)**

~Carolyn Cromer



### The Saturday Academy February Schedule! Every Saturday 11am-2p.m.

**February 4: "Two Hundred Years of Black Louisville"**  
Discussion and book signing with Merv Aubespain, Ken Clay & Blaine Hudson, UofL and "The African Diaspora Series: Reconnecting Branches of the Global Family" Dr. Ian Jacobs and Prof. John Chenault, UofL

**February 11: "Contemporary Trends in American Quilts: Expressionism, Storytelling and Re-interpretations of Africa"** Introducing Dr. Pearlie Johnson, Art Historian, Pan African Studies, UofL

**February 18: "The Black Leadership Series: Black Church Leadership Characteristics, Challenges and Recommendations"** Dr. Lewis Brogdon, Rev. Kilen Gray, Dr. Debra Mumford and Dr. Elizabeth Walker Louisville

### Chestnut Street YMCA Black Achievers 33<sup>rd</sup> Annual Awards Celebration

Saturday February 25, 2012

Galt House Hotel Grand Ballroom

5:30 p.m. Dinner

**Keynote Speaker: Ulice Payne, Jr.**

**Adult Achiever of the Year: Alysia "Dani" Porter**

**Youth Achiever of the Year: Tierra Price**

**Tickets are \$75 per person or a Table for \$750  
(seats 10)**

For more information regarding this event  
please contact Susan Rostov at [srostov@1400willow.com](mailto:srostov@1400willow.com)  
or at 502-479-0220

## CHERI BRYANT HAMILTON, DISTRICT 5 COUNCILWOMAN

### New Roots Shawnee Fresh Stop

Fresh Stop season will soon be here! The start date for farm fresh food coming to the **Shawnee Neighborhood Fresh Stop is June 8th**. There are plans for a **Strawberry Festival sometime around May 20th**. We are looking for **volunteer leaders to help shape this season's Fresh Stop**.

The areas in need of help are **farmer contact** (working directly with farmers to purchase farm, fresh produce for the neighborhood), **newsletter** (putting together news and information about fresh food access and health), **outreach** (spreading the word about Fresh Stop, collecting cash and EBT/Food Stamp payments); **events coordination** (meeting the farmers' trucks when the produce comes into the neighborhood, unloading the produce, displaying it, etc., and organizing fun events at the fresh stop); and, **volunteer recruitment and training**, (recruiting mothers eligible for WIC for involvement in the Fresh Stop, elders and shut-in transportation, etc).

**Food justice classes will start in April**, where neighborhood leaders will **train all volunteers on these opportunities and how to use your passion for food justice to bring about real change!** Please call New Roots at [502-509-6770](tel:502-509-6770). We need everyone's help to make this a fantastic season.

The Shawnee Neighborhood!



### Karamu: A Community Gathering

The Fresh Stop wants to invite you to a neighborhood Karamu! A *Karamu* in Swahili means a place for joyful gathering. What's to gather about you might ask... well, community! So please come, bring your favorite childhood food dish, reworked with some fresh and healthy ingredients and a food memory. And if you can't bring a dish, bring a smile, if you can't bring a smile, bring a child!

A Community  
Soul-Food  
Gathering!

WHEN: Thursday,  
February 9, 2012,  
5:30-7:30

WHERE: Redeemer  
Lutheran Church 3640  
Riverpark Drive

Live Performances by  
Community Artists!

Please come out and be a part of the growing conversation about our food stories and histories, and Food Justice! Now's the time to start building for the 2012 Fresh Stop season, come and add your leadership to the community!

Questions? Contact us:

Contact Myrna Marshall Brame  
[myrna.brame@insightbb.com](mailto:myrna.brame@insightbb.com) or  
call New Roots at 502-509-6770



### How to Protect Yourself Training Sessions!

Every month @ the 2<sup>nd</sup>. Division starting in February for one hour, we will be organizing training sessions for the community. **First training is February 25th at 10:30am**. Please contact Officer Randall Moore for more information and if you are able to attend. His phone is (502) 574-2478 Remember, "There is STRENGTH in numbers"

- 1.) Auto-Theft, don't become a victim
- 2.) Break-In's (Prevention)
- 3.) Taking Ownership in your Neighborhood
- 4.) Making your home less of a Target
- 5.) Making yourself less of a Target
- 6.) How to be a better witness
- 7.) How to report Quality of Life Problems in your neighborhood

### Annie's Grants for Gardens

We offer a limited number of small grants to community gardens, school gardens and other educational programs that connect children directly to real food. These funds can be used to buy gardening tools, seeds or other needed supplies. If you would like to apply, please read our complete guidelines and fill out an online application.

The deadline to apply for a grant is **Wednesday, February 29th at 11:59 p.m PST**.

Go to link for online application:

[http://www.annies.com/grants\\_for\\_gardens](http://www.annies.com/grants_for_gardens)

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### Black History Month Movie Night The Black Power Mix Tape 1967-1975

In a compelling account of the Black Power Movement, this film mobilizes a treasure trove of 16mm material shot by Swedish journalist who came to the US drawn by stories of urban unrest and revolution. Gaining access many of the leaders of the Black Power Movement-Stokely Carmichael, Bobby Seale, Angela Davis and Eldridge Cleaver among them-the filmmakers captured them in intimate moments and remarkably unguarded interviews.

\*Black History Month Free Film Screening

Sponsored By Blain Snipstal and the District 5 Office. Please stay for a discussion after the 100 minute movie.

**\*FREE AND OPEN TO THE PUBLIC**

Friday February 17th @ 460 Norwestern Parkway

### 7th Neighborhood House Valentine's Day Annual Dance For Senior Citizens and the Young at Heart!



Tuesday, February 14, 2012  
Neighborhood House located at 201 N. 25th St.

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Neighborhood House  
located at 201 N. 25th St.

- Doors open at 9:15 a.m.
- Pharmacy Education 9:30 to 10 a.m.
- Bingo from 10:00 to 11 a.m.
- Lunch served from 11:15 a.m. to 12:15 p.m.
- Live music from 12:30 to 2 p.m!

• Games  
• Line Dancing  
• Dance Contest  
• Refreshments  
• Door Prizes  
• Bingo

RSVP Janet at (502) 774-2322 by Feb. 8th

### “Young Visionary Awards” Last Call for Nominations

The Arts Council of Louisville, Inc. will present the 2<sup>nd</sup> African American “History, Heritage and Family Day,” city-wide and neighborhood program. It will be held at Central Career Magnet Academy, 1130 West Chestnut Street, Sunday, February 19, 2012 at 3:00 p.m. This year features “Young Visionary Awards” for eight young honorees in recognition of their outstanding work in academics, arts and athletics. We invite all community centers, neighborhoods, schools, churches, and youth organizations to send nominations in before the **deadline of February 10, 2012.**



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### Louisville Food policy Advisory Council “Growing Our Food & Farm Agenda”

Councilwoman Hamilton was recently elected as an ex-officio member of Louisville’s Food Policy Advisory (FPAC). Its mission is:

- Develop policies in support of a just, sustainable food system that will improve public health
- Spur economic development in urban and rural communities
- Increase access to healthy food for all Louisville Metro Citizens

The FPAC 2012 strategic Plan seeks to engage more residents to become involved around 3 strategies.

Strategy 1-Encourage Public and Private investment in the Local Food Economy

Strategy 2– Support the Increase of Food Production through Urban Agriculture

Strategy 3– Increase access to affordable, healthy food in underserved area

Community residents are invited to get involved with one of four workgroups:

“Strengthening Farm to Table- “Green for Greens”, “Life Zone (an economic development neighborhood revitalization initiative in the Portland neighborhood) and “Food in Neighborhood.”

For more information, or to get involved, contact FPAC Coordinator Josh Jennings at [josh.jennings@louisvilleky.gov](mailto:josh.jennings@louisvilleky.gov)



### BAEO Charter School Update

We want to first thank all that attended the Public Charter School Rally on January 24th. We especially want to thank the parents and grandparents that brought your students to the 21st Century Civil Rights demonstration. The students are still talking about the great learning experience they received. During the Rally we discussed that we need to follow up and keep the fire burning and encourage all other BAEO supporters of Charter Schools to help make sure that Charter School Legislation pass in 2012. The meeting will be this **Monday night, February 6st, 6:00 PM at the Catholic Enrichment Center, 32nd and Broadway**. Please email [Kentucky@baeo.org](mailto:Kentucky@baeo.org) for confirmation.

Many of you have heard that the State Legislature's Education Committee has agreed to hear **HB 77 (Charter School Legislation)**. **The original date for the on the 7th has now been moved to Tuesday, February 14th at 8:30 AM.** We have been informed that Dr. Howard Fuller, one of BAEO's founders and retired Chairman will be in Kentucky to testify at the hearing. Friends this is a "big deal" for Kentucky as Dr. Fuller is in great demand across the country. He along with Shree Medlock our National Outreach Director will be in town on the 13th and we need to plan a major program event that will allow many in Kentucky to hear this Educational Reform Giant in this Country.

We have already secured a **chartered bus to take us to Frankfort on February 14th**. We will have to leave by **6:15 AM and we need everyone to be on hand by 6:00 AM**. We know this is a great sacrifice, but aren't our children worth it? sure they are and that is why we know that you are ready for the trip. Email [Kentucky@baeo.org](mailto:Kentucky@baeo.org) for confirmation.

We also want to share with you that our BAEO Youth Group, headed by our student Intern, **Daisha Webster** will be leading a **group of youth to the State Youth Legislative Advocacy Day, on Thursday, February 16th**. All Public Schools across the State will be sending students to this event and she would like for our BAEO youth to also go. She will have a meeting this Saturday night **at 7:00 PM at the Midwest Church of Christ**. If you have youth that would like to receive this kind of experience, please have them come out this Saturday, **February 4th**.

Again, please respond and let us know you will be out this Monday night February 6th 6:00 PM at the Catholic Enrichment Center, thanks.  
~Pastor Stephenson

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### NYTIMES Looks at Health Disparities in “Advanced” Communities

According to the NYTIMES, metropolitan areas in the United States have been affected adversely by vehicle dependent environments.

**“As a result, these experts say, our “built environment” — where we live, work, play and shop — has become a leading cause of disability and death in the 21st century. Physical activity has been disappearing from the lives of young and old, and many communities are virtual “food deserts,” serviced only by convenience stores that stock nutrient poor prepared foods and drinks.”**

With no respect of a person’s age, health, and abilities, a healthy environment creates safe and enjoyable means to “walk, bike, take in nature, and socialize.” Studies show that people who walk regularly live longer and weigh less.

#### The Price of Progress-Brief Excerpt from NYTIMES Article

“We’ve become the victims of our own success,” Dr. Jackson said of the public health mission that cleared cities of congested slums. “By living far from where we work, we reduced crowding and improved the quality of our air and water, which drove down rates of infectious disease.” But as people have moved farther and farther from where they work, shop and socialize, the rates of chronic diseases have soared.

Public transportation has not kept pace with the expansion of suburbs and exurbs. Nor are there enough sidewalks, nearby parks and safe places to walk, cycle or play outdoors in many, if not most, towns. Parents spend hours in cars getting to and from work; children are bused or driven to and from school; and those who can’t drive must depend on others to take them everywhere or risk becoming socially isolated.

**In 1974, 66 percent of all children walked or biked to school By 2000, that number had dropped to 13 percent.**

“Children who grow up in suburbia can’t meet their life needs without getting a ride somewhere,” Dr. Jackson said.

**“We’ve engineered physical activity out of children’s lives,”** Dr. Jackson said in an interview. “Only a quarter of the children in California can pass a basic fitness test, and two in seven volunteers for the military can’t get in because they’re not in good enough physical condition.”

**The health consequences, he said, are terrifying. Not only are Americans of all ages fatter than ever, but also growing numbers of children are developing diseases once seen only in adults: Type 2 diabetes, heart disease and fatty livers. [Click Here](#) to access article.**

**District 5 will continue to work to make the neighborhood healthy and vibrant for all people in the community!**

### Health Happens in Neighborhoods, Not Doctors’ Offices~ Dr. Jackson

#### Parent JCPS information sessions for Elementary School Registration.

There is one meeting location:  
**Portland Elementary School**  
**3410 Northwestern Parkway**  
**Monday, February 13, 2012**  
**6:30pm**



#### Network Center for Community Change Update

Thank you for coming out last Thursday to talk about housing, vacant properties, and community in the Shawnee Neighborhood. We agreed to meet again on **Feb 23rd at the Shawnee Arts and Cultural Center. from 5:30-7:00**

February 8th I will be at the Shawnee Public Library to work on doing more research on the vacant homes in the Neighborhood. Anyone who is interested in learning how to do this is welcome to come. I will be there from 4-6.

If you have any questions, let me know.

~George Eklund

# Save the Date - Community Calendar - February

February 3, 2012

## CHERI BRYANT HAMILTON, DISTRICT 5 COUNCILWOMAN

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					February 3	February 4  Saturday Academy 11am-2pm 3610 Bohne Ave. "Two Hundred Years of Black Louisville"
February 5	February 6  John Yarmuth Dialogue w/ AA Veterans 8:30 – 10:00am 1701 W. Muhammad Ali Boulevard	February 7  Portland Now Meeting 6:30pm Neighborhood House	February 8  Northwest Neighborhood Place PreNatal Classes (bi-weekly sessions)	February 9  Council Meeting 3rd Floor City Hall  Soul Food Karamu Dinner Redeemer Lutheran Church 3640 River Park Dr. 5:30-7:30pm	February 10  Deadline for Arts Council Louisville Youth Vision- ary Award Nominations	February 11  Saturday Academy 11am-2pm 3610 Bohne Ave. "Contemporary Trends in American Quilts: Expression- ism, Storytelling and Re-interpretations of Africa"
February 12	February 13  Elementary School info session Port- land Element- ary 6:30pm	February 14  Neighborhood House Senior Val- entine's Dance	February 15	February 16	February 17  Black History Month Movie Night Shawnee Golf Course	February 18  Saturday Academy 11am-2pm 3610 Bohne Ave  Louisville Urban League Education Summit Black Achievers Banquet Galt House
February 19  Arts Council of Louisville "History Heritage and Fami- ly Day" Central High 3pm.	February 20  Dr. Nesbitt with District 5 Neighborhood Advisory Com- mittee 7pm Yearlings Club	February 21	February 22	February 23  Council Meeting 3rd Floor City  Metro Council Black History Pro- gram 12noon  NC3 meeting Re:Shawnee 5:30- 7pm Shawnee Arts and Culture Center	February 24	February 25

### Title: What's food got to do with it?

**Synopsis:** This will be a popular political education and participatory-based dialogue about the root causes of injustice and oppression within our food systems. With a fluid and holistic conversation between the actors in the room, we will discuss; how our food system mirrors characteristics of our political and economic regimes – in their historic and contemporary manifestations, how we act within and perpetuate those structures (Racism, classism, white supremacy and white privilege, sexism, etc.), discuss root causes of food deserts and food insecurity, and where food justice and food sovereignty addresses these issues and dismantles these structures through intentional and horizontally based, radically democratic community organizing and power-building.

**When:** Monday Feb 6th at 5:30

**Where:** 2nd St. YMCA Administration office, at the corner of 2nd and Chestnut

Cosponsored by: The Presbyterian Hunger Program, New Roots, Inspired Schooling Solutions, University of Louisville's Anne Braden Institute for Social Justice and Research, and the Food in Neighborhoods Committee.